

Pod 'n' Pedal

Day 3

Total mileage: 34.6

- Turn left out of site.
- Turn right at T junction on A591.
- Take 1st left to Castlerigg Stone Circle.
- (Allowing time to \*experience\* the stone circle).
- Take next 3 right turns.
- Then left to the road for Thirlmire (turn right here).
- After 2.5 miles turn right on the cycleway to Thirlmire.
- \*Care needed when crossing A591\*
- Cross dam and follow lakeside road to the left signposted 'Grasmere' \*no phone signal here\*
- After 4.5 miles turn right on A591 for Grasmere for 2 miles (take care with traffic).
- Take 1st right halfway down A591 decent, instead taking the quiet back road route (turning L, R, L) then arriving in the heart of Grasmere Village.
- Turn right in Grasmere and follow road towards Red Bank for 1 mile.
- Turn left down path towards Grasmere shoreline cycleway.
- Follow cycleway for 3 miles past Rydal Water.
- Turn right at Pelter Bridge for 2.5 miles towards Ambleside along Under Loughrigg.
- Cross A593 and follow cycleway right for 0.7 miles
- Cross road onto cycle bridge (opposite start of painted cycle lane) then turn left along lane to Bowness Ferry.
- Turn right on the T junction onto the new cycleway parallel to road.
- Follow new cycle path where directed.
- Past Low Wray campsite.
- Just past Castle Gate House turn left on cycle path no 6 for ferry.
- Follow cycleway round to ferry (L at Claife Viewing Station).
- (Cyclists £1 each on ferry, must walk on last as directed).

- Follow road when ferry docks to T junction.
- Turn right then 1st left off the busy main road.
- Continue straight over up hill.
- A quick left then right over the A5074 and up the hill.
- Turn right down Lindeth Lane at the top of the hill.
- Bear slight left before rejoining main road after a mile (A5071).
- Take 1st left off up the quieter road of Stile Brow.
- Turn right at top and descend to again cross the A5071.
- Keep straight on over bridge then bear right (at Masons Arms).
- Climb the final hill up to Birks road.
- Go straight over the junction.
- Pass scout camp on right \*possible groups of Scouts on the road\*
- Descend to Park Cliffe (on left).